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Parks, people, planet: inspiring solutions
www.worldparkscongress.org





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Improving health and well-being: healthy parks,
healthy people

Mejorar la salud y el bienestar: parques saludables,
gente saludable

Améliorer la santé et le bien être : santé des parcs,
santé des populations

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Recommendation:
Unlock the values of parks and protected
areas for health and well-being, while
conserving biodiversity.







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