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| **Rapporteur’s report on session** | | |
| **Stream Number/WLD/Plenary:--- 3---** | | |
| **Repporteur’s name: --- Émilie Sasseville---** | | |
| **Session ID:---327---** | | **Session Name: --- Inspiring young people in nature conservation---** |
| ***Summarize the session: Capture 1-3 main insights and findings of this session (including promising opportunities and inspiring solutions).*** | | |
| 1. **---** | Obesity and diabetes are increasing, depression and anxiety too. A lot of these diseases come out during adolescence. Simple solutions brought up in order to enhance youth connection with nature: to train summer camp monitors and park staff on the benefits of outdoors activities so the knowledge and good habits would be transmitted to young people, to involve local and regional resources, to create school health clubs involving teachers, and community health clubs, taking advantage of churches and public yards (example of Haiti with its ecoclubs), different environmental education programs and materials for each age category (as in the Korean education program). Example of Scotland, where they now have standards for living classrooms: 50% of the courses have to be held outdoors for children between 3 and 18.**---** | |
| 2. **---** | Educators and practitioners need to interact: “Healthy parks, healthy people” is an online resource dedicated to spreading the Healthy Parks Healthy People message globally. HPHP Central is a place to access and share the latest international research, innovations and programs that focus on the health benefits of human contact with the natural world. A network of educators and teachers is also been created to promote and enhance nature pedagogy (leaded by Claire Warden, educational consultant, Scotland/Australia).**---** | |
| 3. **---** | Example of some programs for young aboriginal people, “at risk” groups (justice problems and mental health problems - in some communities, youth suicide rate is high) and refugees in Victoria. They empower them with nature so they can make healthier choices. Activities include: camping, trekking, culture and environmental interpretation, guest speakers, surfing, abseiling. Benefits for young people: they receive helpful information for decision making, work experience, exposure to life opportunities, outdoor skills. Benefits for Parks Victoria: messages are been delivered, established networks in local communities, lots of learning, job satisfaction. Those small programs usually run with very limited budgets and can be repeated everywhere.**---** | |

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| Related keywords | | |
| ---Improving Health and Well-Being--- | ---Inspiring a New Generation--- | ---Choose an item.--- |

| **Cross Cutting Themes** |
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| ***If the session was related to a Cross Cutting Theme, please give some information on what has been discussed.*** |
| **---**Click here to enter text.**---** |

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| Related cross cutting theme |
| ---Choose an item.--- |

| **Recommendations to the IUCN World Parks Congress** | | | |
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| ***Capture any specific recommendation from this session for the Innovative Approaches documents / Promise of Sydney (along the line of policy changes, capacity development, financing, practice…)*** | | | |
|  | **It was recommended that:** | **Actors** | **Timeline** |
| 1. **---** | Click here to enter text.**---** | **---**Click here to enter text.**---** | **---**Click here to enter text.**---** |
| 2. **---** | Click here to enter text.**---** | **---**Click here to enter text.**---** | **---**Click here to enter text.**---** |
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| Related keywords | | |
| ---Choose an item.--- | ---Choose an item.--- | ---Choose an item.--- |

| **Information for the Communications - Team** |
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| ***Note any announcements/commitments or people/items of interests to media/communications. Please ensure to include any relevant contact information.*** |
| **---**Click here to enter text.**---** |