



Healthy city parks for people and nature

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Project team



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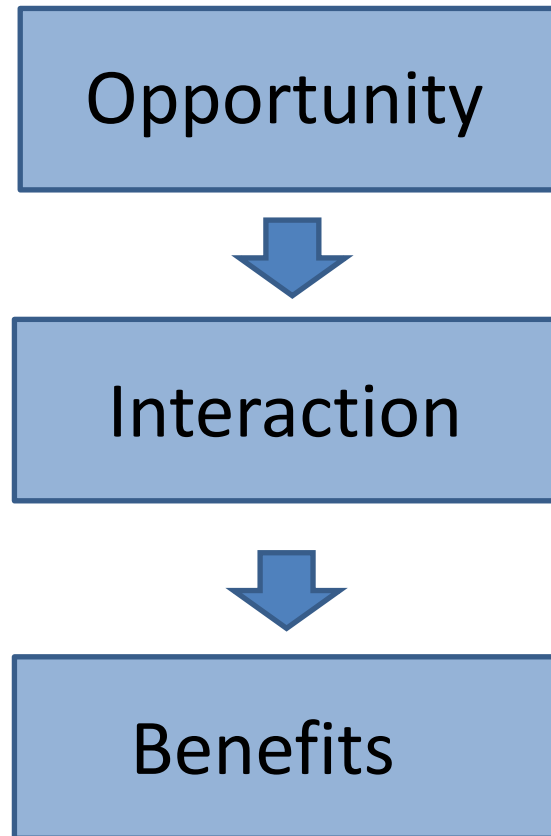


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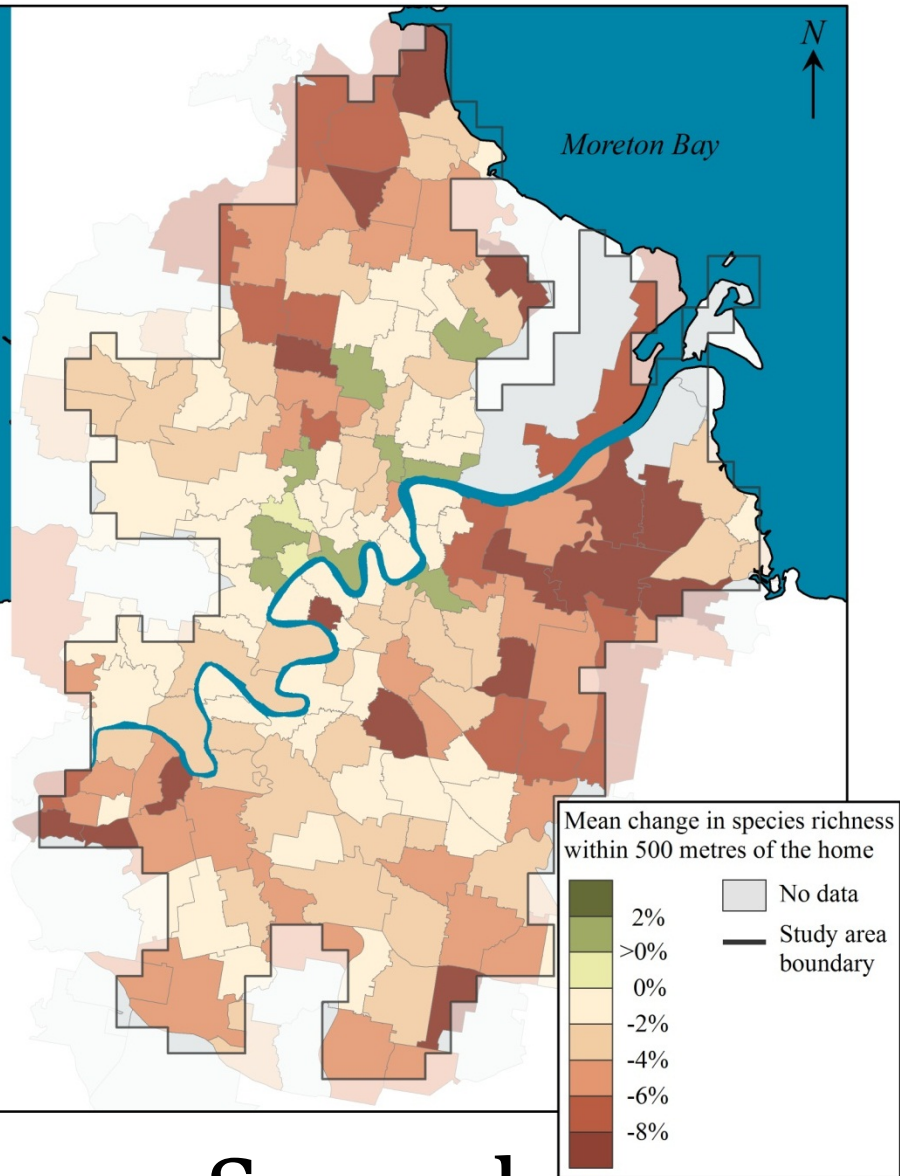
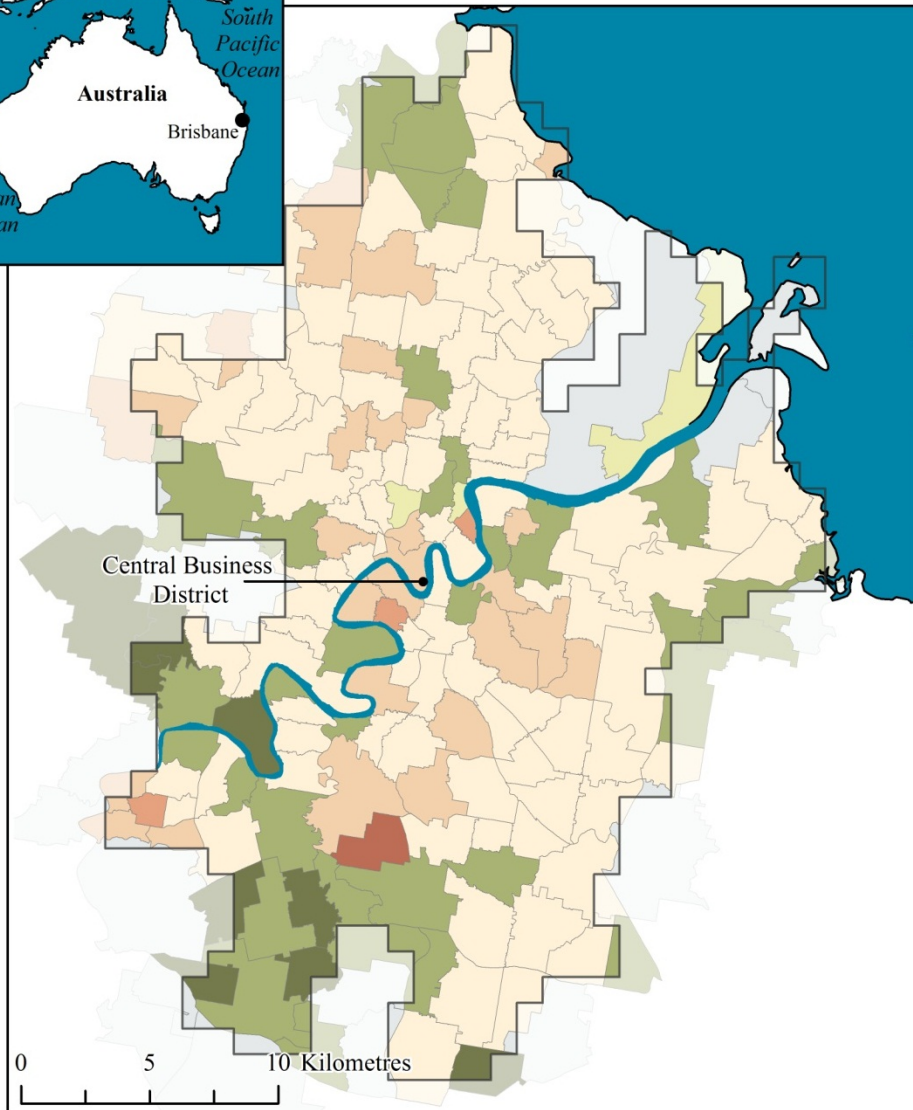
Our lives are changing...



Pathway to benefits from nature



Shanahan *et al.* 2014. *Amer J Public Health*

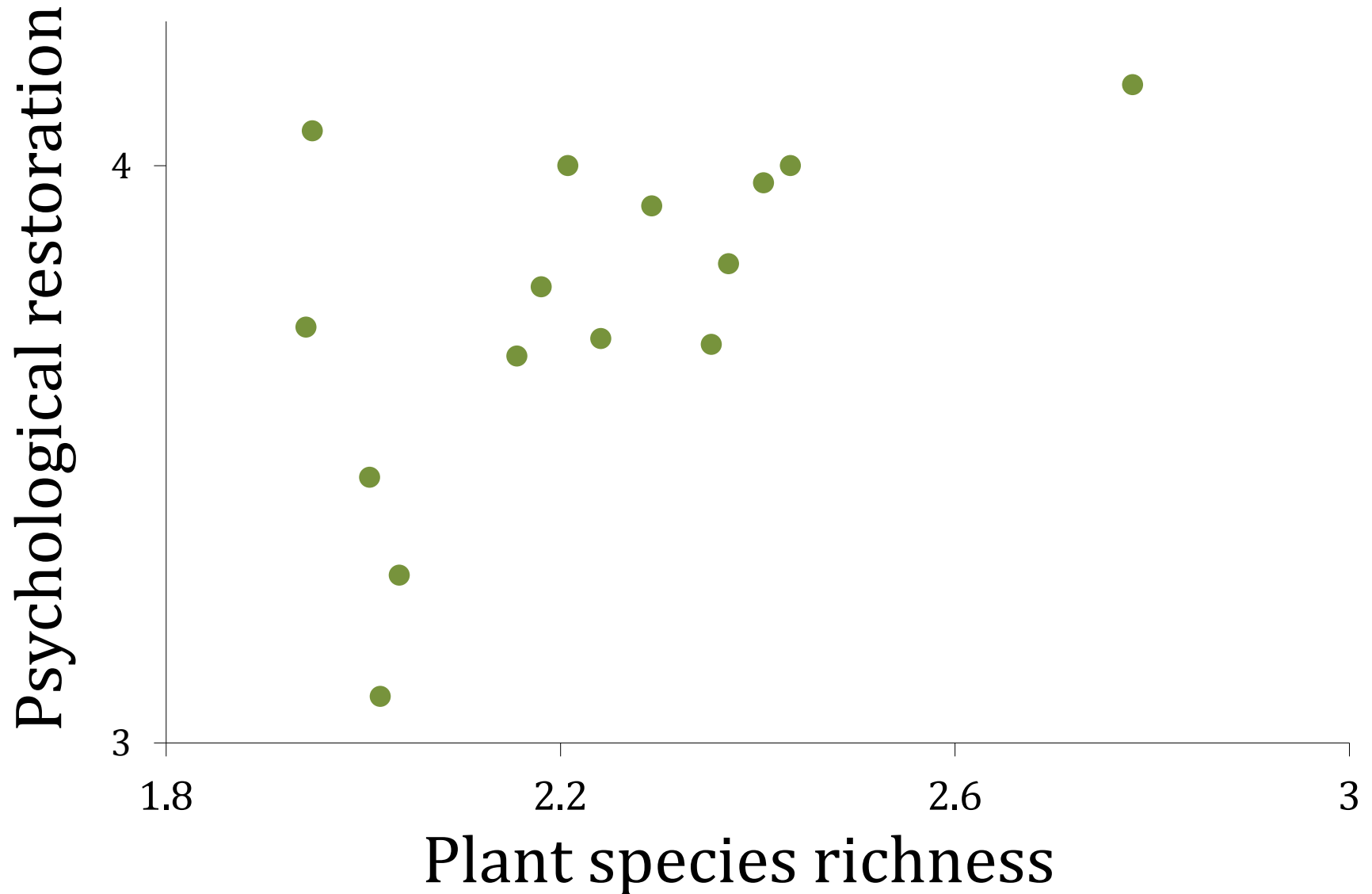


Compact

Sprawl

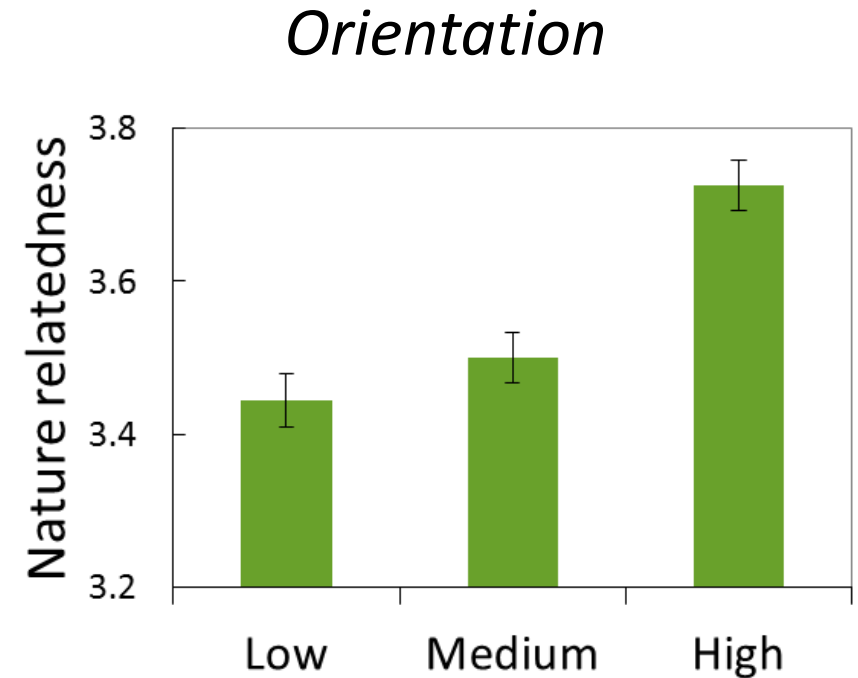
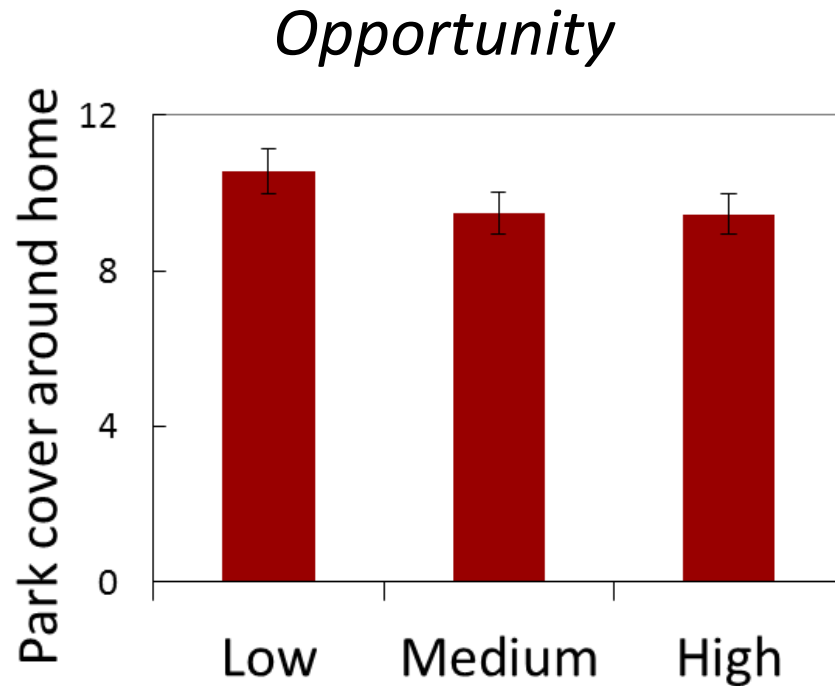
Sushinsky *et al.* 2013. *Global Change Biology*.

Plant diversity and human well-being



Fuller *et al.* 2007. *Biology Letters*.

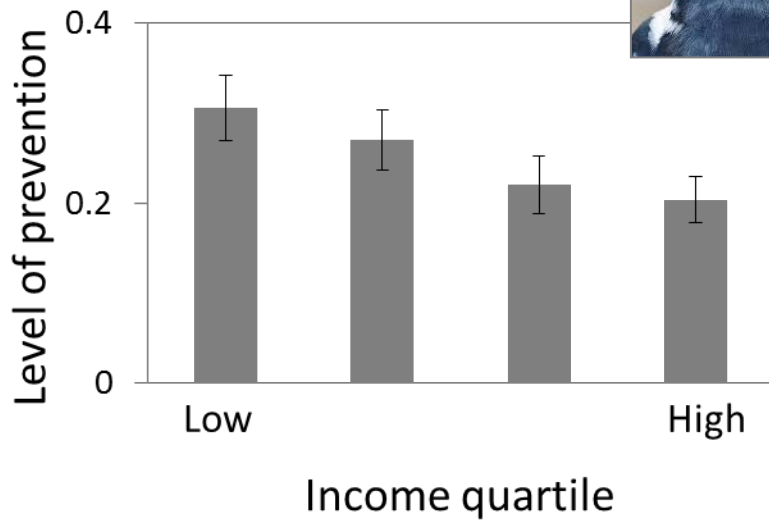
Interactions with nature: opportunity or orientation?



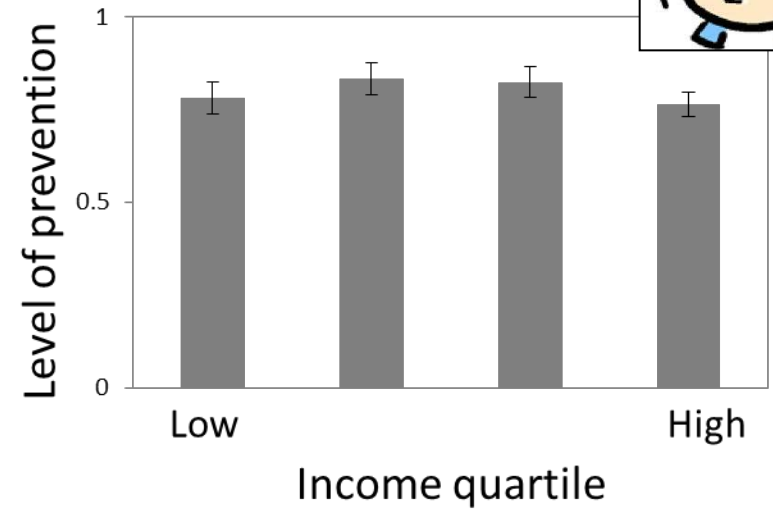
Level of park use

Level of park use

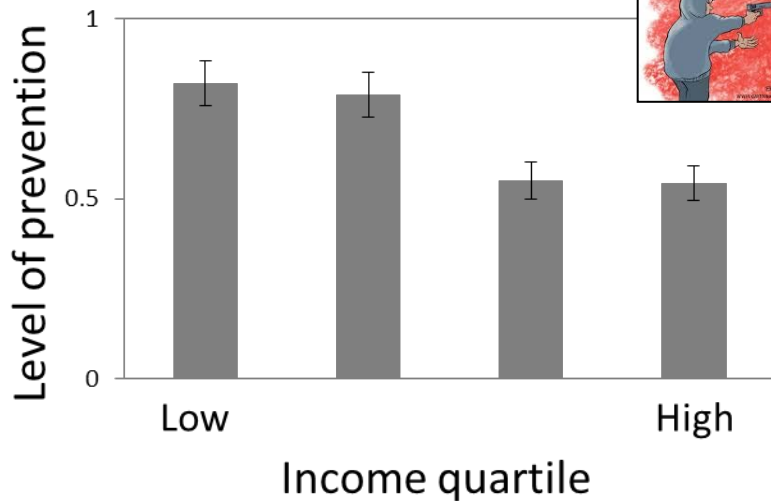
Nature



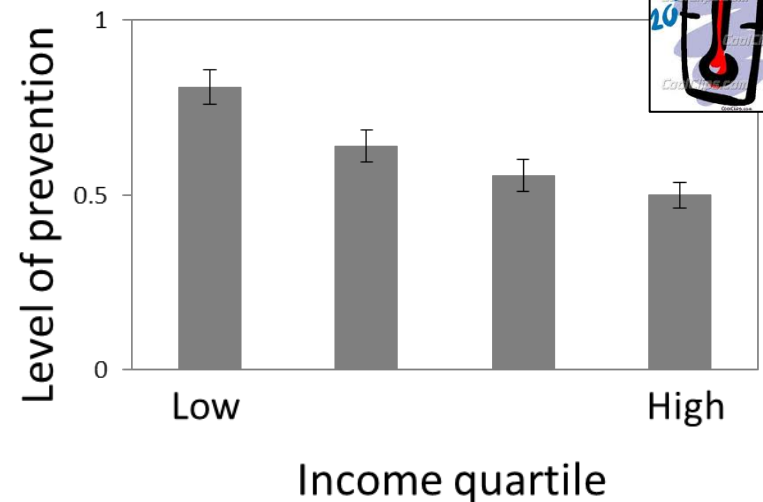
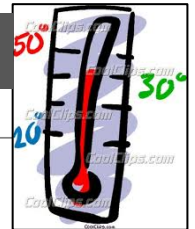
Personal



Social

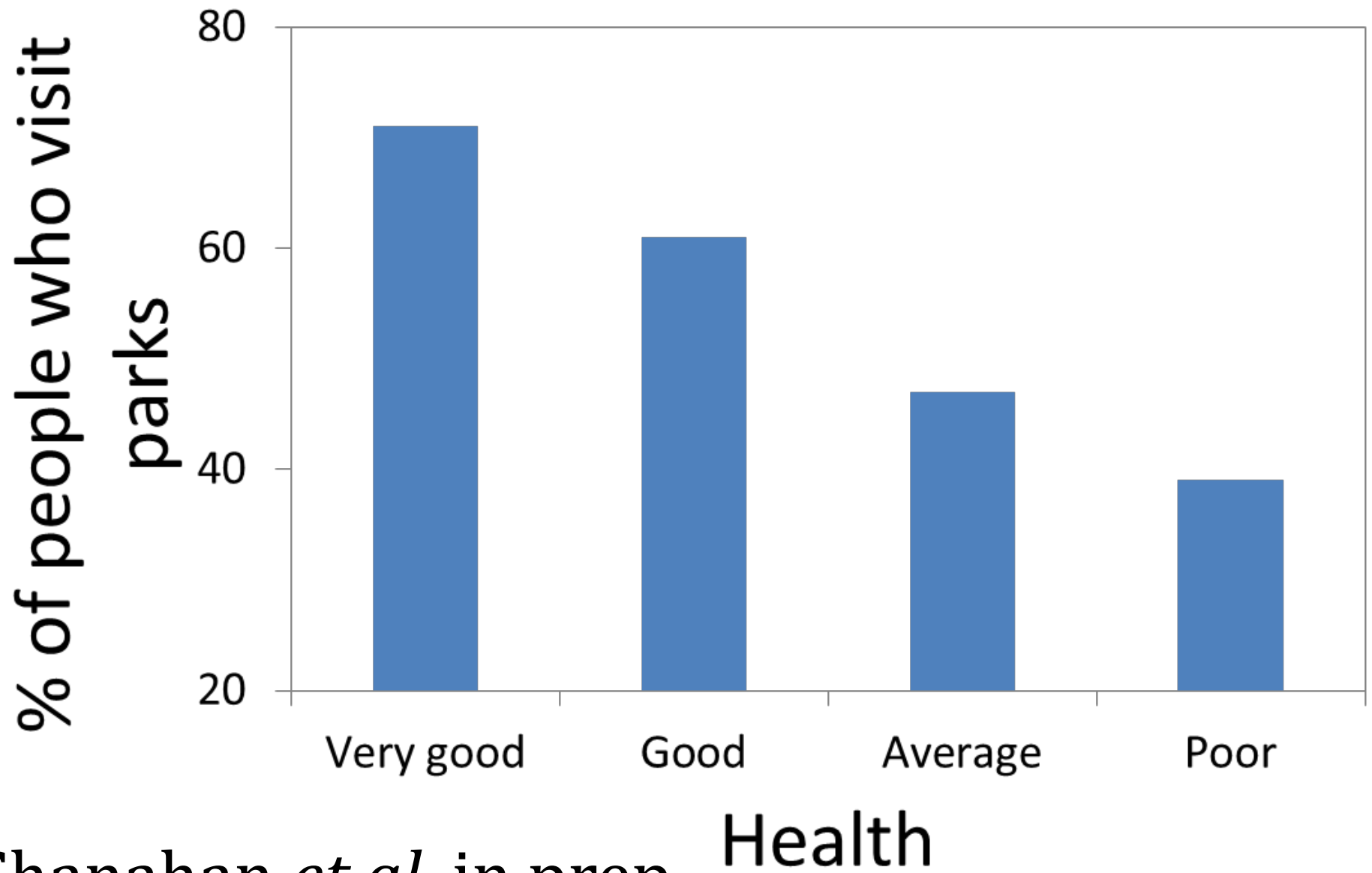


Environment

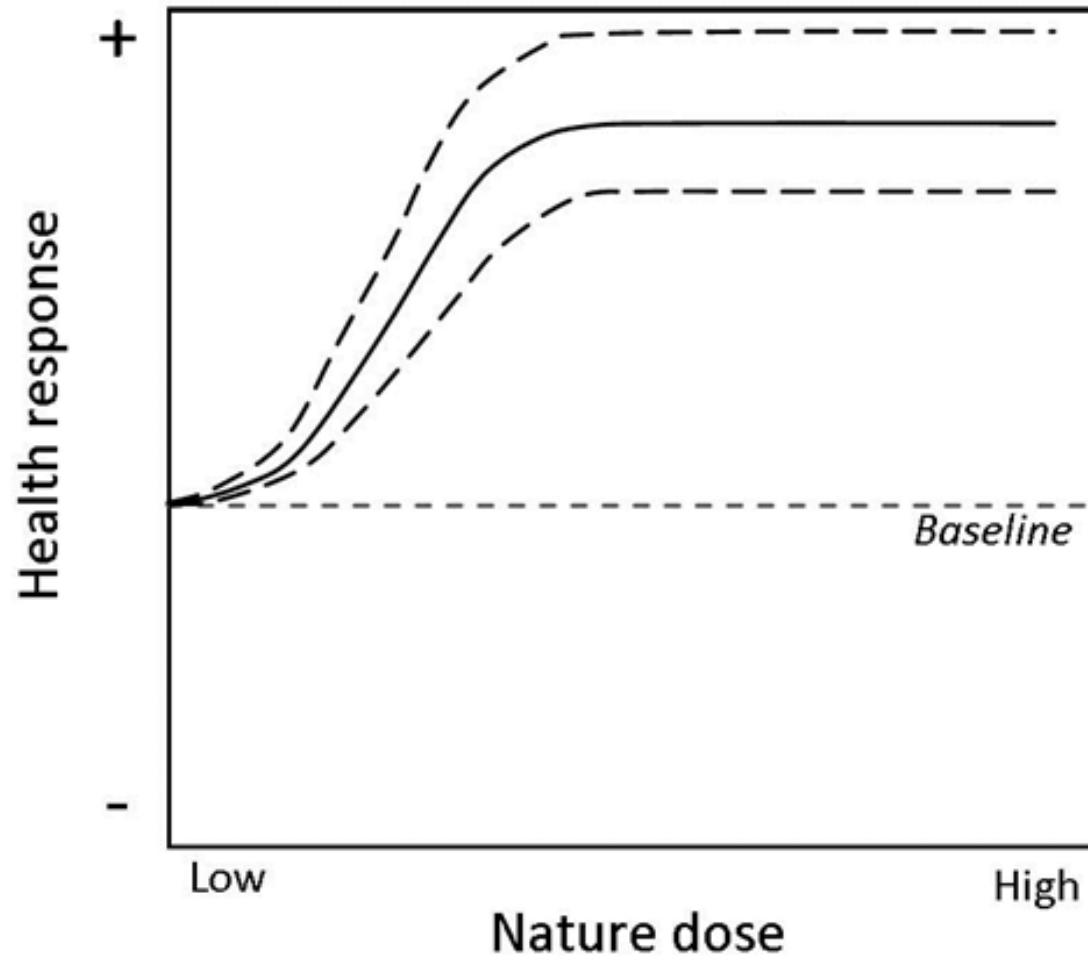


Shanahan *et al.* in prep.

Health benefits of nature



The holy grail: dose-response curves



Shanahan *et al.* in press. *BioScience*.

Summary



Build cities up not out for nature;

Urban nature benefits people;

Provision alone is insufficient;

Careful city design minimises harm to people
and nature.

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