#### Sport and Nature: Strange bedfellows or estranged partners?

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1984 First Australian Everest Expedition
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- Sport and recreation in fact any Physical Activity

   can be used to bring the community, especially children, closer to nature and a proper understanding of it, and living within more natural, healthy, sustainable parameters.
- Physical activity and nature including protected areas – are in many ways interdependent...and
- a natural partnership.

Disconnect getting bigger – the partners more estranged

Nature-deficit disorder

- Lifestyles getting more unnatural
- Body and mind a vital marriage
- It is unnatural not to exercise!

Natural benefits of sport:

- Health
- Social
- Environmental
- Well-being

These benefits strengthen the natural partnership...prove its worth.

#### Interdependence between sport, nature and protected areas

- Sustainability in and through sport
- Sport as a vehicle for positive, transformative change
- Event activities and legacies: social, economic and environmental sustainability benefits
- Olympic Movement key actor in "better world through sport"
- Need for right conditions same needs for sport, community
- Use of protected areas for physical activity and benefits
- Role models, promotion and showcasing
- Appreciation through sport and PA of the importance of nature



#### Sport and recreation in protected areas

- Good, sustainable low-impact use
- Benefits for protected areas
- Increase appreciation and understanding of nature
- Trekking, climbing ...other activities connecting people, sport and nature
- Sustainability outcomes for the people of the parks
- It is NOT <u>either</u> people <u>or</u> Parks (People vs Parks)



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#### Sport and nature partnerships – helping protected areas

- Governments
- Sport organisations/recreation companies
- Philanthropy community outcomes
- Youth organisations
- Education institutions, organisations





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#### **Barriers?**

- False war
- Lack of education and awareness
- Poverty, or...
- Lifestyles
- "One size fits all" attitude



#### Overcoming the barriers:

- Accessibility
- Lifting standards of living
- Education and encouragement all levels
- Sustainability

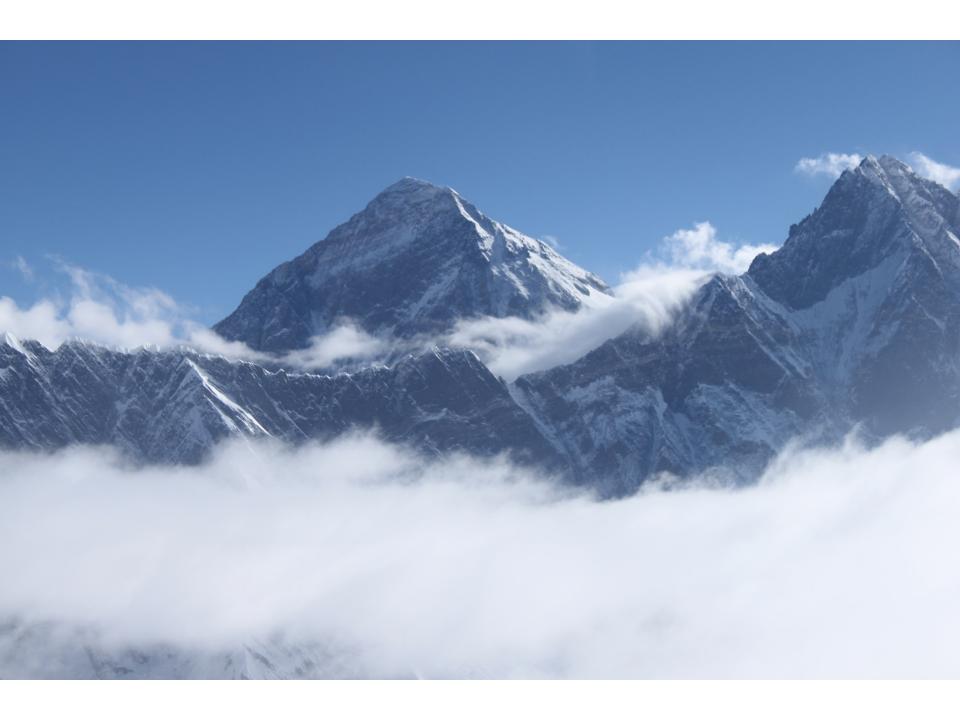
"The educational value of good example"





#### Building effective partnerships in protected partnerships

- Inclusion life and work opportunities
- Socio-economic accessibility
- Compromise
- Education and encouragement all levels
- Clear roles and responsibilities
- Has to be sustainable.



#### Inspire a new generation

- Share your great ideas and solutions with a Stream 8 Idea Card
- Tweet your inspirations @WPCING #WPCNewGen
- Pledge to do something! Contribute to the Stream 8 Commitment Wall in Hall 4B2
- Comment on the Stream 8 Innovative Approaches for the Promise of Sydney at worldparkscongress.com by November 17
- Join us in the Inspiration Room this evening at 6:00 for refreshments, networking, and inspiring films
- HAVE FUN!!!!





















