

Sport and Nature: Strange bedfellows or estranged partners?

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Sport and nature: a natural partnership.

- Sport and recreation – in fact any Physical Activity – can be used to bring the community, especially children, closer to nature and a proper understanding of it, and living within more natural, healthy, sustainable parameters.
- Physical activity and nature – including protected areas – are in many ways interdependent...and
- a natural partnership.

Sport and nature: a natural partnership.

- Disconnect getting bigger – the partners more estranged
- Nature-deficit disorder

Sport and nature: a natural partnership.

- Lifestyles getting more unnatural
- Body and mind – a vital marriage
- It is unnatural not to exercise!

Sport and nature: a natural partnership.

Natural benefits of sport:

- Health
- Social
- Environmental
- Well-being

These benefits strengthen the natural partnership...prove its worth.

Sport and nature: a natural partnership.

Interdependence between sport , nature and protected areas

- Sustainability in and through sport
- Sport as a vehicle for positive, transformative change
- Event activities and legacies : social, economic and environmental sustainability benefits
- Olympic Movement key actor in “better world through sport”
- Need for right conditions – same needs for sport, community
- Use of protected areas for physical activity – and benefits
- Role models, promotion and showcasing
- Appreciation through sport and PA of the importance of nature



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Sport and recreation in protected areas

- Good, sustainable low-impact use
- Benefits for protected areas
- Increase appreciation and understanding of nature
- Trekking, climbing ...other activities connecting people, sport and nature
- Sustainability outcomes for the people of the parks
- It is NOT either people or Parks (People vs Parks)



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Sport and nature partnerships – helping protected areas

- Governments
- Sport organisations/recreation companies
- Philanthropy – community outcomes
- Youth organisations
- Education institutions, organisations





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Barriers?

- False war
- Lack of education and awareness
- Poverty, or...
- Lifestyles
- “One size fits all” attitude



Sport and nature: a natural partnership.

Overcoming the barriers:

- Accessibility
- Lifting standards of living
- Education and encouragement - all levels
- Sustainability

“The educational value of good example”





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खुम्बुलाई सफा राखौ

HELLO EVEREST
PRINCE RAI

Glass & Can
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Sport and nature: a natural partnership.


Building effective partnerships in protected partnerships

- Inclusion – life and work opportunities
- Socio-economic accessibility
- Compromise
- Education and encouragement - all levels
- Clear roles and responsibilities
- Has to be sustainable.



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